

Swimming Pool Timetable



	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00
Monday		Adult Swim 06:30 - 08:00	General Swim 08:00 - 19:00										Swim Lessons 16:00-19:00	Adult Swim 19:00-20:00	
Tuesday		Adult Swim 06:30 - 08:00	General Swim 08:00 - 19:00										Swim Lessons 16:00-19:00	Adult Swim 19:00-20:00	
Wednesday		Adult Swim 06:30 - 08:00	General Swim 08:00 - 18:00									Swim Lessons 16:00-18:00	Aqua Fit 18:00-19:00	Adult Swim 19:00-20:00	
Thursday		Adult Swim 06:30 - 08:00	General Swim 08:00 - 19:00						Aqua Fit 11:45-12:30	Swim Lessons 16:00-19:00					Adult Swim 19:00-20:00
Friday		Adult Swim 06:30 - 08:00	General Swim 08:00 - 19:00									Swim Lessons 16:00-19:00			Adult Swim 19:00-20:00
Saturday		Adult Swim 07:30 - 08:30	Sea Scooters 09:00-10:00				General Swim 08:30 - 16:00					Inflatable fun 16:30-17:00 & 17:00-17:30			
Sunday		Adult Swim 07:30 - 08:30	Swim Lessons 09:00-10:30			General Swim 08:30 - 17:30						Water Walkers 17:30-18:00			

Pool Information

Children under the age of 8 or non swimmers require an adult 16+ in the water with them at all times. Children under the age of 14 require an adult 16+ on poolside with them at all times. 2 children to 1 adult. Aqua Fit class for ages 16+. Inflatable fun suitable for over 5's and children must be able to swim 1 width of the pool.